

CSAP'S Northeast CAPT Technical Assistance Audio Conference

Engaging Youth in Substance Abuse Prevention

March 10, 2004

11:00 a.m. –1:00 p.m. Eastern Time

I. Overview:

An essential component of creating effective evidence-based prevention programs is the inclusion of youth in the planning, implementation and evaluation of programs. The youth development approach provides a framework for understanding and approaching the effective inclusion of youth. Youth Development is a way to think about young people that focuses on their capacities, strengths, and developmental needs. This audio conference is for State Incentive Grant (SIG), prevention providers, coalitions, LEAs and recipients of Grants to Reduce Alcohol Abuse who are interested in effectively engaging youth in substance abuse prevention. The specific content will focus on questions submitted by participants prior to the teleconference.

II. Objectives:

- Participants will increase their knowledge of the youth development model and its importance in developing effective evidence based prevention programs
- Participants will increase their understanding of how to effectively engage youth in planning, implementation and evaluation of prevention programs
- Participants will identify the barriers and solutions to engaging youth in the planning and implementation of effective prevention programs
- Participants will identify key roles youth can play in planning and implementing prevention strategies and programs.

III. Agenda

- Welcome and Introductions – Carol Oliver, Northeast CAPT Training and TA Coordinator
- Overview of Youth Development – Laurie Jo Wallace, The Medical Foundation
 - What is the Youth Development approach?
 - Definition
 - Youth Developmental Outcomes
 - Youth Participation and Engagement
 - Strategies for Engaging Young People
 - Building relationships
 - Involving youth at meaningful levels
 - Training for youth and adults
- Review of participant questions and discussion topics – Carol Oliver
- Discussion of participants questions – all participants – Carol Oliver

- Closure and Evaluation – Carol Oliver

IV. Presenters:

[Laurie Jo Wallace](#)

In her position as the director of the Medical Foundations' new Youth Development Division, Ms. Wallace has over 13 years promoting healthy communities in Boston. She has special expertise in the area of youth development and has provided training and support to numerous programs, coalitions, and youth serving agencies in the Boston region, Massachusetts and nationally. She is also the director of the national BEST Initiative in Boston, a professional development program of support and training for youth workers focusing on the youth development approach. She has contributed to and written youth development and peer leadership curricula and facilitated strategic planning and organizational development initiatives for a variety of youth and other community groups. Ms. Wallace has extensive expertise in peer leadership program development, youth/adult collaboration, conflict resolution and alcohol, tobacco and other drug prevention.

Her career in youth development and public health promotion follows a 10-year career teaching high school English, French and organizing student activities.

V. Registration Instructions:

You may participate from any phone. Registration is required by March 8 or until registration is closed. Register for the audio conference at <http://www4.premconf.com/webbrsvp/> using Confirmation Code 748003 or by calling 800/776-0700 and selecting option # 3.

VI. Resources:

Handouts and Overheads

Download all the handouts plus the agenda together at:
<http://www.northeastcapt.org/pdf/allhandouts2.pdf>.

Individual handouts: (all included in the file above)

[Youth Development Definitions](#)
[Youth Developmental Outcomes](#)
[Youth Participation](#)
[Guidelines for Working with Young People](#)
[Tips for Youth](#)
[Checklist for Youth](#)

Additional Resources

Web sites

Youthworkcentral.org	http://www.youthworkcentral.org/
Youth Development.org	http://www.youthdevelopment.org/
Americas Promise.org	http://www.americaspromise.org/

Organizations

[Academy for Educational Development - http://www.aed.org/youth_development.html](http://www.aed.org/youth_development.html)

[Center for Youth Development and Policy Research/Academy for Educational Development](http://www.aed.org/aedgroups/socialchange/cydprinfo.html) - <http://www.aed.org/aedgroups/socialchange/cydprinfo.html>

[National Youth Development Information Center](http://www.nydic.org/nydic/) - <http://www.nydic.org/nydic/>

[Search Institute](http://www.searchinstitute.org/) - <http://www.searchinstitute.org/>

[Youth Research Centre](http://yarn.edfac.unimelb.edu.au/yrp/home.html)- <http://yarn.edfac.unimelb.edu.au/yrp/home.html>

Books & Guides:

14 points: Successfully involving youth in decision making by Karen S. Young <http://www.cfpciowa.org/pdf/InvolvingYouthGuide.pdf>

An asset builder's guide to youth leadership from the Search Institute

Dingerson, Leigh, and Hay, Sarah (1998). ***The CoMotion Guide to Youth-Led Social Change***. Washington, DC: Alliance for Justice.

Contact Information:

If you have questions or need additional information about this audio conference please contact Carol Oliver at COliver@edc.org (617) 618-2762.



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Substance Abuse Prevention
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